FREE SUMMER MEALS

For YOUTH in POUGHKEEPSIE!

All kids & teens 18 and younger can receive a nutritious meal for <u>FREE</u> during the summer!

- **It's Free:** Kids eat free meals and families save money.
- **It's Easy:** No residency or citizenship rules, no registration, and no forms to fill out! Any kid can receive a free meal this summer.
- **It's Fun:** There will be occasional events and activities at the lunch site.
- **It's Good Food:** A nutritious meal is served.

FREE Meals Served

Monday – Friday at the following locations:

June 24th – August 23rd

(No meals served on July 4th)

Pulaski Pool*

(*If pool is closed no meals will be served)
162 Washington St.
Lunch (11:30-1:30pm)

Poughkeepsie Middle School*

(*Meals served at the Worrall Ave. Entrance)
55 College Avenue
Breakfast (8:30a - 9:30a) & Lunch (12p –1p)

June 24th–August 16th

(No meals served on July 4th)

Spratt Pool *

(*If pool is closed no meals will be served)
99 Wilbur Blvd
Lunch (11:30 to 12:30pm)

July 8th – August 23rd

Family Partnership Center

29 N. Hamilton St.
Breakfast (9am- 10am) Lunch (12pm - 1pm)

Beulah Baptist Church

92 Catherine St.
Lunch (12:30pm – 1:30pm)

Governor Clinton School

100 Montgomery St.
Breakfast (8:30am - 9:30am) Lunch (12pm-1pm)

July 8th – August 16th

Thurgood Marshall Terrace

109 Delafield St.
Lunch (11:30pm -12:30pm)

New Hope Community Center

104 Hudson Ave
Lunch (11:30pm -12:30pm)

Brady Garden Apartments

11 Boulevard Knolls
Lunch (11:30pm -12:30pm)

"In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, or call (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish) USDA is an equal opportunity provider and employer."

Efforts for this program are brought to you by the Poughkeepsie City School District and Nutrition Advisory Committee of Dutchess County. For more information visit Cornell Cooperative Extension Dutchess County at www.ccedutchess.org or call 677-8223

CCEDC provides equal programs and employment opportunities. The program provided by this agency is partially funded by monies received from the County of Dutchess.

COMIDA GRATIS DURANTE EL VERANO

¡PARA LOS NIÑOS!

¡Todos los niños y jóvenes de18 años y menor pueden recibir un almuerzo nutritivo y gratis durante el verano!

- **Es Gratis:** Los niños comen gratis y las familias ahorran dinero.
- **Es Fácil:** ¡No hay reglas de ciudadanía o residencia, ni solicitudes a llenar! Cualquier niño puede comer de gratis este verano.
- **Es Divertido:** Hay eventos y actividades en los lugares donde se sirve la comida.
- **Es Alimentación Buena:** La comida que sirven es nutritiva.

Se sirve las comidas GRATIS Lunes a Viernes en:

24 de Junio – 23 de Agosto

(4 de Julio-No Comidas se sirven)

Pulaski Pool*

(*Si el grupo está cerrado, no comidas se sirven)
162 washington St.
Almuerzo (11:30-1:30p)

Poughkeepsie Middle School*

(*Comidas servidas en el Worrall Ave. entrada)
55 College Avenue
Desayuno (8:30a - 9:30a) & Almuerzo (12p –1p)

24 de Junio – 16 de Agosto

(No meals served on July 4th)

Spratt Pool *

(*Si el grupo está cerrado, no comidas se sirven)
99 Wilbur Blvd
Lunch (11:30 to 12:30pm)

8 de Julio – 23 de Agosto

Family Partnership Center

29 N. Hamilton Street
Desayuno (9am – 10am), Almuerzo (12pm – 1pm)

Beulah Baptist Church

92 Catherine Street
Almuerzo (12:30pm – 1:30pm)

Governor Clinton School

100 Montgomery St.
Desayuno (8:30am – 9:30am), Almuerzo (12pm-1pm)

8 de Julio – 16 de Agosto

New Hope Community Center

104 Hudson Ave
Almuerzo (11:30pm -12:30pm)

Thurgood Marshall Terrace

109 Delafield St.
Almuerzo (11:30pm -12:30pm)

Brady Garden Apartments

11 Boulevard Knolls
Almuerzo (11:30pm -12:30pm)

Esfuerzos para este programa son presentados a usted por la nutrición Consultiva Comité de Dutchess County. Para más información visite Cornell Cooperative extensión Dutchess County en www.ccedutchess.org o llame al 677-8223

CCEDC ofrece programas de igualdad y oportunidades de empleo. El programa proporcionado por esta Agencia es parcialmente financiado por fondos recibidos desde el condado de Dutchess.