FREE SUMMER MEALS

For YOUTH in POUGHKEEPSIE!

All kids & teens 18 and younger can receive a nutritious meal for FREE during the summer!

- **It's Free:** Kids eat free meals and families save money.
- **It's Easy:** No residency or citizenship rules, no registration, and no forms to fill out! Any kid can receive a free meal this summer.
- **It's Fun:** There will be occasional events and activities at the lunch site.
- **It's Good Food:** A nutritious meal is served.

FREE Meals Served
Monday – Friday at the following locations:

June 30th – August 22nd
(No meals served on July 4th)

Pulaski Pool*
162 Washington St.
Lunch (11:30-1:30pm)

Spratt Pool *
99 Wilbur Blvd
Lunch (11:00 to 12:30pm)

If pool is closed no meals will be served

June 30th–August 29th
(No meals served on July 4th)

Poughkeepsie Middle School
(Meals served at the Forbus Ave. Entrance)
55 College Avenue
Breakfast (8:30a - 9:30a) & Lunch (12p –1p)

Governor Clinton School
100 Montgomery St.
Breakfast (8:30am - 9:30am) Lunch (12pm-1pm)

July 1st – August 7th
Joshua's Education Center
249 Hooker Ave
Breakfast (8:30 to 9:30) Lunch (11:30 to 12:30)

July 7th – August 22th

Brady Garden Apartments
11 Boulevard Knolls
Lunch (11:30pm -12:30pm)

New Hope Community Center
104 Hudson Ave
Lunch (12:00pm -1:00pm)

Thurgood Marshall Terrace
109 Delafield St.
Lunch (11:30pm -12:30pm)

Waryas Park
1 Main St.
Lunch (12:30pm-1:30pm)

July 7th – August 29th

Beulah Baptist Church
92 Catherine St.
Lunch (12:30pm – 1:30pm)

Family Partnership Center
29 N. Hamilton St.
Breakfast (9am- 10am) Lunch (12pm - 1pm)

"In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, or call (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish) USDA is an equal opportunity provider and employer."

Efforts for this program are brought to you by the Poughkeepsie City School District and Nutrition Advisory Committee of Dutchess County. For more information visit Cornell Cooperative Extension Dutchess County at www.ccedutchess.org or call 677-8223

CCEDC provides equal programs and employment opportunities. The program provided by this agency is partially funded by monies received from the County of Dutchess.

COMIDA GRATIS DURANTE EL VERANO

¡PARA LOS NIÑOS!

¡Todos los niños y jóvenes de18 años y menor ueden recibir un almuerzo nutritivo y gratis durante el verano!

- **Es Gratis:** Los niños comen gratis y las familias ahorran dinero.
- **Es Fácil:** ¡No hay reglas de ciudadanía o residencia, ni solicitudes a llenar! Cualquier niño puede comer de gratis este verano.
- **Es Divertido:** Hay eventos y actividades en los lugares donde se sirve la comida.
- **Es Alimentación Buena:** La comida que sirven es nutritiva.

Se sirve las comidas GRATIS Lunes a Viernes en:

30 de Junio – 22 de Agosto

(4 de Julio-No Comidas se sirven)

Pulaski Pool*
162 Washington St.
Almuerzo (11:30-1:30p)

Spratt Pool *
99 Wilbur Blvd
Almuerzo (11 to 12:30pm)

***Si la piscina está cerrada, no se sirven comidas ***

30 de Junio – 29 de Agosto

(4 de Julio-No Comidas se sirven)

Poughkeepsie Middle School*
*(*Comidas servidas en el Fobus Ave. entrada)*
55 College Avenue
Desayuno (8:30a - 9:30a), Almuerzo (12p –1p)

Governor Clinton School
100 Montgomery St.
(12p-1p)

1 de Julio – 8 de Agosto

Joshua's Education Center
249 Hooker Ave
Desayuno (8:30 to 9:30) Almuerzo (11:30 to 12:30)

7 de Julio – 22 de Agosto

Brady Garden Apartments
11 Boulevard Knolls
Almuerzo (11:30p -12:30p)

New Hope Community Center
104 Hudson Ave
Almuerzo (12p -1p)

Thurgood Marshall Terrace
109 Delafield St.
Almuerzo (11:30p -12:30p)

Waryas Park
1 Main Street
Almuerzo (12:30pm-1:30pm)

7 de Julio – 29 de Agosto

Beulah Baptist Church
92 Catherine Street
Almuerzo (12:30p – 1:30p)

Family Partnership Center
29 N. Hamilton Street
Desayuno (9a – 10a), Almuerzo (12p – 1p)

Esfuerzos para este programa son presentados a usted por Poughkeepsie City SchoolDistrict y la Nutrición Consultiva Comité de Dutchess County. Para más información visite Cornell Cooperative extensión Dutchess County en www.ccedutchess.org

CCEDC ofrece programas de igualdad y oportunidades de empleo. El programa proporcionado por esta Agencia es parcialmente financiado por fondos recibidos desde el condado de Dutchess.